



NO MORE VIOLENCE THROUGH SPORTS

SYMPOSIUM PROGRAM

**TUESDAY, 16 OCT 2018
HILTON DOUBLETREE, DARWIN
8:30AM - 4:30PM**



SAY NO MORE TO FAMILY VIOLENCE

NO MORE VIOLENCE THROUGH SPORTS

SYMPOSIUM

WELCOME

We would like to officially welcome you to the inaugural NO MORE Violence Through Sports Symposium.

This one day event has come about following a recent assault between school children in a Northern Territory school. This can't keep happening and there is more that we can all do to stop the violence and sport is a key way to redirect energy in a positive way.

The aim of this symposium is to bring together representatives from the sporting, business and social services arena, to showcase the positives of sports, share good news initiatives but workshop and brainstorm ways for us all to do more to reduce violence in our community.

The Program is focused on collaboration and respect with many of our sessions being delivered in partnership with community members and demonstrating joint programs that support and encourage a positive environment, particularly for young people engaging with sports.

The key themes of this Symposium include;

- Role Modelling
- Reducing violence through sports engagement
- Changing the Narrative
- Understanding our role as individuals of influence
- Collaboration and partnerships

This unique day will provide a series of keynote speakers, self determination stories, and interactive showcases of what's working and an expert panel providing key initiatives we can all take away with us to help reduce the violence.

Thank you for your commitment to attend this event and contribute to the invaluable discussions that need to be had if we are to genuinely change behaviours and use sport as a key to achieve our goal.





MESSAGE FROM CHARLIE KING OAM

The NO MORE Campaign is proud to present this Symposium and partner with a number of sporting clubs, government agencies, media and service representatives to have this important discussion around reducing violence.

We have a big problem here in the Territory, but the good news is that we can all play a part in the solution. Each of us has a very important role to play to shape a better future for our young kids.

We've just wrapped up another season of the AFL & NRL and I've had a number of kids, some as young as five, come and talk to me about who they wanted to see win. They used language like, "my team is going to bash them, beat them, flog them, smash them, they're losers, umpires suck," and many other words to describe a team being beaten. This language comes from us. We as adults, as coaches, as commentators, as sports players and as spectators have allowed this language to be systemic in our communications regarding sport.

I'm here to say that it needs to stop and I hope that you will stand with me and play your part to use the wonderful world of sport, that we all love, to be a positive part of a young persons life and help shape strong, thriving young Territorians.

I thank you for participating in what we hope is the first of an ongoing commitment to present this Symposium across the Northern Territory. The aim is to share initiatives and activities that help to reduce violence and build strength through sports, and also to identify initiatives that we can present to Government to forge stronger pathways of support to make sure that violence is not a part of our lives here in the Territory.

Charlie King

Charlie King OAM
Founder, NO MORE Campaign



MORNING PROGRAM

TIME	
8:30AM	<p>WELCOME AND HOUSEKEEPING</p> <p>Master of Ceremonies, Shahni Wellington</p>
8:40AM	<p>WELCOME TO COUNTRY</p>
8:50AM	<p>WELCOME ADDRESS</p> <p>Charlie King OAM Founder of the NO MORE Campaign</p> <ul style="list-style-type: none"> » Outline of expectations for the day » Discussion around the negative and aggressive language associated with sports » Changing the Narrative
9:10AM	<p>KEYNOTE SPEAKER</p> <p>Gerard Neesham OAM Sports Superstar and Founder of the Clontarf Foundation</p> <p>Gerard will share his story as an Australian Rules football player, Coach and representing Australia in water polo.</p> <ul style="list-style-type: none"> » How the Clontarf Foundation came to be » The importance of role modelling » Using sport as the tool for developing wellbeing and confidence in young people
10:00AM	<p>KEYNOTE SPEAKER</p> <p>Narelle Gosstray Baseball Champion and founder of Diamonds in the Rough</p> <ul style="list-style-type: none"> » Inspiring and empowering women through baseball/sport » Taking the NO MORE Violence message across the globe » Her journey as an Australian baseball player and Assistant Coach of the Australian Womens Baseball Team
10:20AM	<p>MORNING TEA</p>
10:50AM	<p>KEYNOTE SPEAKER</p> <p>Colleen Gwynne Children's Commissioner, AFL Board Member, AFL Coach, DV Survivor</p> <p>Colleen will tell her remarkable story growing up in a violent household and her commitment to sport, health and wellbeing.</p> <ul style="list-style-type: none"> » Sport as an opportunity to build teams, develop resilience and bring good people together » The need for greater collaboration between sporting clubs and government policy to keep kids engaging with safe sport
11:40AM	<p>LIGHTNING ROUND</p> <p>Showcase of initiatives that reduce violence through sports – hear what they've done and how they did it. Delegates to split into groups and move around the Conference venue.</p> <ul style="list-style-type: none"> » Indigenous Marathon Project » Launch Night Series » Community Engagement Policing » Bush Fit Mob » Youth Detention Health and Wellbeing
12:40PM	<p>LUNCH</p>

AFTERNOON PROGRAM

TIME	BREAKOUT SESSIONS		
	GRAND BALLROOM LEADERSHIP	DARWIN ROOM REDUCING THE VIOLENCE	TERRITORY ROOM ROLE MODELLING
1:20PM	<p>LEADERSHIP WORKSHOP – SHAPING THE CULTURE</p> <p>Don Boyanton Sports Integrity Officer</p> <ul style="list-style-type: none"> » Focus on positive thoughts, speech and actions » Leadership in coaching » Driving positive behaviours 	<p>REDUCING CRIME THROUGH SPORTS</p> <p>Sergeant Renae McGarvie and Youth Engagement Police Officer Glenn Warrior</p> <ul style="list-style-type: none"> » Hear how these two NT Police Officers have engaged youth through sports » Building confidence with young Aboriginal people 	<p>ROLE MODELLING</p> <p>Cameron Illett NT Thunder Star and Clontarf Director</p> <p>Amy Lewis Program Manager, Girls Academy</p> <ul style="list-style-type: none"> » Engaging young people » Sport as a positive diversion » The importance of having role models and being a role model
2:00PM	<p>CHANGE THROUGH COLLABORATION</p> <p>Fredrick Murphy Senior Project Officer, Family and Domestic Violence, Department of Communities</p> <ul style="list-style-type: none"> » The importance of families » The prevalence of domestic violence in the West Kimberley region » Building partnerships to reduce violence » Self determination – engaging and empowering individuals 	<p>HEALTH AND WELLBEING A YOUTH DIVERSION FOCUS</p> <p>Andrew Pike Senior Director Territory Families</p> <ul style="list-style-type: none"> » The changing face of youth detention from punitive to restorative » Redirecting youth positively through health and wellbeing initiatives » Active life for positive outcomes 	<p>DEVELOPING GOOD PEOPLE</p> <p>Shannon Millar Co-Coach Hoggies Netball Club</p> <ul style="list-style-type: none"> » Supporting up and coming players » Developing teams » Youth versus experience
2:40PM	<p>TURNING THINGS AROUND</p> <p>Judge Greg Macdonald NT Local Court</p> <ul style="list-style-type: none"> » Confronting the issue » Offering alternatives » A new path 	<p>THE IMPORTANCE OF THE DOMESTIC VIOLENCE ACTION PLAN</p> <p>Malcolm Fox NO MORE Campaign</p> <ul style="list-style-type: none"> » Why should Clubs implement a Plan? » Courage and consequence » What's next? 	<p>TERRITORY TALE – HEALTH TO HEAL HEARTACHE</p> <p>Amee Meredith Territory Mum</p> <ul style="list-style-type: none"> » Hear how Ameen redirected her and her three children's heartache following the fatal assault of her husband Brett, to ensure a healthy, thriving family » Exercise and activity built family strength and resilience » Families that play together, stay together
3:20PM	AFTERNOON TEA		
3:40PM	<p>PANEL SESSION – REDUCING VIOLENCE THROUGH SPORT</p> <p>What role does each of us play in reducing the violence? What matters most?</p> <ul style="list-style-type: none"> » Deputy Commissioner of Police, Michael Murphy APM » Shahni Wellington, ABC Reporter » Narelle Gosstray, International Sport Star » Fred Murphy, Family and DV Rep, Dept of Communities WA 		
4:20PM	WRAP UP AND NEXT STEPS		
4:30PM	CONFERENCE CLOSE		

MASTER OF CEREMONIES



SHAHNI WELLINGTON

Master of Ceremonies

ABC Reporter committed to sports & Aboriginal Affairs

Shahni Wellington is an ABC reporter based in Darwin, NT. She is a proud Jerrinja woman and studied at the University of Newcastle. She has a special interest in sport and also working with Aboriginal communities, growing up with a strong connection to culture, aspiring to give back to community from a young age.

Prior to her work as a reporter, Shahni held a role with Netball NT as the coaching and umpiring development manager, focusing on the positive impact of sports and creating higher level opportunities for athletes, coaches and officials. Shahni is determined to address the issues that face Aboriginal people daily, and is committed to helping young people reach their full potential.

KEYNOTE SPEAKERS



GERARD NEESHAM

Sports Superstar and Founder of the Clontarf Foundation

Gerard has been Chief Executive Officer since its inception in 2000. He is a qualified teacher and has spent many years teaching in Western Australia and the Northern Territory.

Gerard has a rich background in professional sport both as an Australian Rules football player and coach at AFL and WA state level as well as representing Australia in water polo. He has a long positive history with Aboriginal people and communities across the country and with his educators perspective, future visions, passion and resilience - has been instrumental to the success of Clontarf for almost 18 years.



COLLEEN GWYNNE

Children's Commission, AFL Board rep and Coach and DV Survivor

Colleen Gwynne is a household name for those connected to sports in the Northern Territory. She has built an illustrious career both within the Northern Territory Police Force and as the Children's Commissioner for the Northern Territory championing rights and acknowledgement for young people.

Health and fitness have always been crucial to Colleen's way of life and she has been a role model to many with her efforts contributing to the Crows winning the first ever AFL Women's Football League. She brings a message about the importance of building teams and bringing good people together.



KEYNOTE SPEAKERS



NARELLE GOSSTRAY

Baseball Superstar

Narelle Gosstray started playing baseball in 1995, and has been helping girls and women chase their baseball dreams around the world for more than 20 years. She is passionate about gender equity, using sport to influence social change acknowledging that change on the field can model change in society beliefs.

Narelle was part of the bronze medal winning inaugural Australian Womens Baseball Team in 2001. Since then she has donned many representative caps for Victoria, NSW, NT and Australia, and coached locally and internationally since 2005. She has been a driver behind the Emeralds (Australian Women's National Baseball Team) for the last five years and is a Technical Commissioner at international baseball tournaments for the World Baseball Softball Confederation, taking the NO MORE Violence message from the Territory across the globe.



CHARLIE KING OAM

Founder, NO MORE Campaign

The NO MORE Campaign focuses on using sports as the avenue to have positive discussions with men and women about violence and that it won't be tolerated in our communities. Charlie King is an anti violence activist committed to providing positive messages to youth and remote communities through sport, receiving a Medal of the Order of Australia (OAM) acknowledging his life time commitment to promoting an anti-domestic violence message right across the Northern Territory.

Mr King's ABC broadcast achievements include commentating Indigenous games for the Australian Football League and, in 2008 in Beijing, becoming the first Indigenous Australian to commentate at an Olympic Games.

LIGHTNING ROUNDS

INDIGENOUS MARATHON PROJECT

Each year a group of 12 Indigenous Australians (six men and six women) are selected to train for the New York City Marathon with just six months of training.

Education is a compulsory part of the IMP program and all squad members are required to complete:

- a Certificate IV in Sport and Recreation
- a Level 1 Recreational Running Coach Accreditation through Athletics Australia
- CPR and first-aid qualifications
- Media training

Using their skills, knowledge and qualifications, these Indigenous Australians become healthy lifestyle leaders and return to their communities as agents of change, inspiring and encouraging people in their communities to adopt active and healthy lifestyles. The project uses running to change lives and provide a sense of empowerment, purpose and pride.



LAUNCH NIGHT SERIES

This City of Darwin initiative is a social inclusion basketball tournament for young people aged 12 - 18, with games held on Saturday nights. In addition to competitive basketball games, players eat a meal with their team as well as being transported home at the end of the evening. Each night of the tournament players also participate in a life-skills workshop with topics ranging from health and well-being, respectful relationships, communication and employability skills.



**BRITTANY
WARD**
Manager
Launch Night
Series

As Palmerston's star point guard and 2017 Young Achiever of the Year finalist for Health and Wellbeing, Brittany Ward has brought her sporting prowess into her career goals. As well as being employed by the Stars Program, the female equivalent of Clontarf Foundation, Brittany has been the Midnight Basketball Tournament Night Manager, encouraging hundreds of Territory young people to participate in basketball but also engage with young people and identify strong role models to support them in life.

YOUTH DETENTION HEALTH AND WELLBEING

Evidence states that overly punitive measures of youth detention are counterproductive and on the contrary contribute to further, more serious offending. Following the Royal Commission into Child Protection and Youth Justice, additional programs focusing on education and restoration were implemented. This initiative showcases the fitness programs implemented in the Don Dale Youth Detention Centre and the positive outcomes of youth participation.

COMMUNITY ENGAGEMENT POLICE OFFICER (CEPO) PROGRAM

The CEPO program has been operating in the Northern Territory since 2011. With the aim of promoting crime prevention and enhancing community engagement, this session will outline some of the strategies implemented across the East Arnhem region, supporting community to decide and deliver on initiatives that matter to them and how CEPOs encourage individuals to be resilient and proactive in reducing crime in their communities.



PAUL KEIGHTLEY
Constable
First Class
NT Police Force

As a Community Engagement Police Officer, Paul Keightley was instrumental in organising the first Arnhem Land, No More campaign launch in Ramingining. Paul has worked at a grassroot level with traditional owners, key stakeholder groups and community members to educate them around reducing violence throughout Arnhem Land. A key contributor to the successful MOU signed between the NT Police Force and the NO MORE Campaign, Paul has enhanced relationships within the Arnhem Land communities.

BUSH FIT MOB

The Anindilyakwa Land Council funded program uses sport and recreation to help keep children in school. Bush Fit Mob run sporting activities on school grounds in the morning before classes start, and again during lunch breaks, helping to create a more positive atmosphere in the local communities. At other times, teachers can send children to Bush Fit Mob trainers as a reward, or to help re-engage children who are struggling to stay focused. The trainers can help to provide some extra one-on-one attention and help children to debrief or unpack any personal issues in a fun, safe and positive space.



NICK KENNY
Director
Bush Fit Mob

Nick graduated from a bachelor degree in physiotherapy from the University of Queensland in 2005. Following his graduation, Nick played in the NRL with the Brisbane Broncos for 9 years. After his retirement from rugby league Nick moved to Groote Eylandt in 2012 and established Active Performance, an allied health business to service mining companies and numerous remote communities throughout the Northern Territory and North Queensland. After a receiving a personal request from the traditional owners of the Anindilyakwa Land Council in 2016 to facilitate sport and recreation opportunities for local youth, Nick established Bush Fit Mob in April 2017.



ATNAS MAEKO
Program
Manager
Bush Fit Mob

Atnas' passion for sports started at a young age which saw him pursue both basketball and American football at the Canadian University level, while going on to play professional football throughout Canada, America and Europe. Atnas joined the Bush Fit Mob team late last year after working in the youth and sports related industries throughout remote NT. He served as Youth Sport and Recreation Coordinator for Lake Evella Community in East Arnhem for six years and has also worked closely with peak sporting bodies in Australia, including serving as assistance coach for the U14 NT Basketball Team at the 2016 National Championships in Canberra. Atnas now focuses his passion on teaching youth and young people in the NT the importance of health, fitness, and education.

PRESENTATIONS

REDUCING CRIME THROUGH SPORTS

ABSTRACT: Hear how these two NT Police Officers have engaged youth through sports and used it as a tool to increase school attendance, improve health and wellbeing and build confidence with young people, particularly young Aboriginal people.



**RENAE
MCGARVIE**
APM
Sergeant
NT Police Force

Joining the NT Police Force 20 years ago, at the age of 20, Renae has had a varied career, working all over the Territory, including in Alice Springs, Groote Eylandt, Adelaide River, Darwin and Bathurst Island.

While Sgt McGarvie has been involved in some major events including marching with police in New York on the 10th anniversary of September 11, and representing the NT Police Commissioner in Canberra, it's her contributions to remote communities, supporting people through what is generally the worst times for them, that has her regarded as a strong female community leader. In Wurrumiyanga, Bathurst Island, Renae has embraced the young Aboriginal girls and engaged them in sport and activities on the island to build self esteem and encourage them to make good choices for themselves.



**GLENN
WARRIOR**
Youth
Engagement
Police Officer
NT Police Force

A dedicated Police Officer for more than 10 years, Glenn joined as an Aboriginal Community Police Officer and worked his way to Senior Constable as a Youth Engagement Police Officer. Glenn is a well known representative of the Police community and spends his time engaging with young people and encouraging them, often using fitness and activities as an avenue to engage. He has taken a range of students through their paces demonstrating the fitness routine for a Police recruit and is committed to early intervention and positive role modelling from a young age.

CHANGE THROUGH COLLABORATION

ABSTRACT: Acknowledging the three C's - Coordination, Collaboration and Consistency, this presentation will showcase how Fred and his team have empowered community. With the mottos "Believing in yourself gives you permission to believe in others" and "Looking in the mirror is only half the job," this presentation will showcase the importance of families and taking care of one another. Fred outlines the support and training offered in partnership with local communities to empower and coordinate positive outcomes.



**FREDRICK
MURPHY**
Senior Project
Officer
Family and
Domestic
Violence,
Department of
Communities

Growing up in Broome, yet playing Premiership League for St Mary's in the NT, Fred has always valued the importance of family. Fred's passion to do more in the field of Family Domestic Violence is in response to seeing the hurt in his community and his desire to support his community to heal from the trauma of the past for a better future for all of us. Fred conveys his love for his wife and four children and demonstrates his commitment to family both in and outside of the workplace.

ROLE MODELLING

ABSTRACT: The heads of two of the most influential Aboriginal youth initiatives, Clontarf and Girls Academy, talk through the ways they engage and encourage young people's participation. Sport is used as a driver to create positive social interactions but, more importantly, it builds confidence.

This session will talk through the importance of having role models to shape direction and the importance of being a role model and the responsibility of that leadership.



**CAMERON
ILLETT**
Director

Dripstone
Clontarf
Academy

Currently the Director of Dripstone Clontarf Academy, Cameron engages with students from years 7 to 9 through activities that build leadership, wellbeing and self-esteem. Cameron is not well-known for his athletic performances on the football field as Territory Thunder's most recent captain. He is a father of three gorgeous children and a role model to many others.



AMY LEWIS
**Program
Manager**

Palmerston
Girls Academy

Amy has recently joined the Palmerston team after transferring from the West Arnhem Girls Academy and returned to her home town of Darwin to oversee the unique program focusing on mentoring, sports, leadership and personal supports for Indigenous girls. Amy is committed to supporting young women and engaging girls back into school and support them to graduate year 12.

HEALTH AND WELLBEING A YOUTH DIVERSION FOCUS

ABSTRACT: The Royal Commission into Child Protection and Youth Justice in the Northern Territory found that youth detention centres were not fit for accommodating, let alone rehabilitating, children and young people and often exacerbated the problem.

A new approach to Youth Justice was implemented with Territory Families taking on a restorative approach rather than punitive. Health, wellbeing and education have been a key focus on youth in detention and positive opportunities for youth diversion identified to support and rehabilitate young people.



ANDREW PIKE
**Senior
Director**

Territory
Families

With 20 years experience in Correctional Services, Andrew is an accomplished Manager responsible for overseeing more than 450 employees with budgets up to \$54 Million. Andrew has proven himself as a natural leader and skilled negotiator, forging strong partnerships with government and constituents. He is responsible for the operations of Youth Detention in the Northern Territory with a restorative approach at the forefront of all considerations.

PRESENTATIONS

DEVELOPING GOOD PEOPLE

ABSTRACT: This presentation will focus on the power of positive thinking and importance of supporting individuals. Coming into the netball season with a new look team,

Hoggies Co-Coach, Shannon Millar talks through how hard work, determination and support for young players, can lead to winning outcomes, both on the court and beyond.



**SHANNON
MILLAR**
Co-Coach
Hoggies
Netball Club

Hoggies Club stalwart, Shannon Millar is a netball star supporting the club since it's inception 20 years ago. Her prowess, both on the court, and enthusiasm off has led the team to Grand Final wins before taking on the role of Co-Coach, encouraging up and coming young Territory women.

She has also played and coached Aussie Rules women's Footy, playing 10 seasons for Waratahs and Coaching the Waratah under 18's girls for the past two season, this year taking on coaching the Nightcliff Tigers Women's Premier League side.

THE IMPORTANCE OF THE DOMESTIC VIOLENCE ACTION PLAN

ABSTRACT: This presentation will outline the importance of local decision making. Each club develops their own Domestic Violence Action Plan established by the community, for the community. Consequence for perpetrators is identified but most importantly, clubs consider early intervention models to mitigate violence before it starts. Hear how you can be a part of the change.



**MALCOLM
FOX**
Team Leader
No More
Campaign

Malcolm Fox has travelled extensively over the last year talking to hundreds of men and schools about Domestic Family and Sexual Violence (DF&SV). He has also spoken indirectly to thousands of people in communities, through Community Marchs against Violence and sporting events, with the NO MORE Domestic Violence Action Plan approach to reduce DF&SV.

Malcolm's dedication to travel and being committed to the cause has taken him to work in up to twelve communities, as well as the Katherine area where he resides. Malcolm is a big believer that people can change with the support of the NO MORE program and education into awareness and understanding the types of violence that have yet to be understood by the community as a whole.

TERRITORY TALE – HEALTH TO HEAL HEARTACHE

ABSTRACT: Ameer Meredith's husband Brett was killed in an assault in a nightclub in Katherine, Northern Territory, on New Year's Day, 2010, leaving behind three children Samuel, aged 5, Jordy aged 4 and Abbey aged 2 at the time of his death. Hear how Ameer embraced sports, exercise and activity to keep her family healthy and strong.



**AMEE
MEREDITH**
Territory
Mum

Ameer Meredith is a Police Sergeant for the NT Police Force and has led a remarkable life. Following the tragic death of her husband, Brett, Ameer lobbied for, and was successful, in changing the laws regarding 'coward punch.' She has appeared on network television across Australia and also starred in the series of Territory Cops.

A fitness fanatic, Ameer is known across a range of sporting codes either as a player or mother of a player, encouraging her children to lead, happy, healthy lives.

Recently, she has been an advocate for surrogacy being legalised in the NT as she travelled interstate numerous times to provide her best friend Kylie with a child. From heartache comes hope as Ameer prepares for her up and coming wedding to Adrian in early 2019.

JUDGE GREG MACDONALD PRESENTATION

ABSTRACT: With 25 years of experience in the legal arena of the Northern Territory, Judge Greg Macdonald showcases the 'linking arms against violence' visuals to prove that change can happen and every individual is a part of the restorative process.

**JUDGE GREG
MACDONALD**
NT Local Court

Greg Macdonald was announced as a Northern Territory Judge in June 2017 following 25 years of continuous service in the Northern Territory. He has considerable experience in many aspects of the law including administrative law, licensing matters, local government and work health and safety and is committed to remote NT service offering diversionary pathways to improve outcomes for Territorians.

WORKSHOP

SHAPING THE CULTURE

ABSTRACT: This 20 minute presentation will look at reinforcing the NO MORE message by focussing on positive thoughts, speech and actions (behaviours), in our sporting environments. Coaching and sport administration needs to be underpinned by committed leadership. By using the principles of Fairness, Inclusion, Respect, Responsibility and Safety we can recognise and drive positive behaviours in sport and life. This workshop will invite discussion for other people to share their experiences about what is working and what is not.



DON BOYANTON
Sports Integrity
Officer

Born and bred in Darwin, Don was a baseball athlete, representing Australia on the Georgia Southern Tour USA in 1984 and selected in the Australian Team for U19 World Baseball Championships USA 1985. He holds a Diploma of Business, Diploma of Leadership and Management, Diploma of Human Resource Management and committed his life to sports and health and wellbeing playing Cricket, AFL, Rugby League, Rugby Union, Squash, Soccer, Tennis, Basketball, Athletics, Men's Softball, Volleyball, and Mixed Netball. Don is an accredited Sports Chaplain with Sports Chaplaincy Australia and is committed to promoting positive behaviours through sport.

NO MORE



SPECIAL THANKS TO



SAY NO MORE TO FAMILY VIOLENCE