

THE STAND

90 LIVES. 90 DAYS. 90 PLANS.

ACTION IDEAS FOR YOUR DVAP

EDUCATION AND AWARENESS

- Organise training or guest speakers on domestic and family violence topics
- Include DFV awareness in staff inductions, team meetings or club briefings
- Display posters or signage with support services and positive messages
- Share messages on social media or newsletters that promote respect and safety
- Run awareness campaigns and events during key dates (16 Days of Activism, International women's/men's day)
- Host a NO MORE round, walk or awareness event
- Displaying NO MORE logo on uniforms, vehicles, merchandise.

COMMUNITY & CREATIVE

- Paint a mural, create signage, or design shirts that share positive messages
- Make a pledge board or wall where members can commit to respectful behaviour
- Create and share video messages stating your groups stance against violence.
- Host yarning circles or discussion forums focused on family safety and respect.
- Translate NO MORE materials into local languages.
- Work with artists, elders, or community leaders to embed the message in culturally relevant ways.

POLICY & SYSTEMS CHANGE

- Develop or review policies on DFV leave, safety at work, or reporting disrespectful behaviour.
- Add questions about respect, safety and DFV to feedback forms, surveys or evaluations.
- Embed DFV prevention in strategic plans or business plans.

CULTURE AND LEADERSHIP

- Appoint ambassadors or champions who are positive role models.
- Add DFV prevention to the code of conduct.
- Include respect and safety as part of player, staff, or volunteer agreements.
- Link arms, hold a minute silence, or other gestures of unity at events and games.
- Actively encourage people to safely challenge disrespectful behaviour, sexist jokes or bullying.
- Review mission and values to include a commitment to ending violence.
- Incorporate DFV topics into WHS, wellbeing and HR conversations.

SUPPORT AND REFERRAL

- Provide support and referrals for victim-survivors and to those using violence.
- Create a private and or safe space where people can seek help or talk confidentially.
- Promote EAP (Employee Assistance Program) or mental health supports if available.
- Train key people to respond safely and refer when someone discloses domestic and family violence.
- Add DFV awareness and referral information to induction packs or onboarding processes.

PARTNERSHIPS & BROADER ACTION

- Collaborate with local DFV services, Aboriginal organisations, or community groups on projects.
- Fundraise or donate to services supporting victim-survivors.
- Nominate other groups to create their own DVAPs.
- Support or co-host a NO MORE aligned event led by another local group or community organisation

This list is just the beginning, use these ideas or come up with your own. How you take THE STAND is up to you!

