

THE STAND

90 LIVES. 90 DAYS. 90 PLANS.

THE STAND is **NO MORE's** biggest initiative yet. a **Territory-wide** call to action honouring **over 90 women lost to DFV since 2000**. We're asking groups to create 90 Domestic Violence Action Plans in 90 days - **real, community-led commitments to change.**

FREQUENTLY ASKED QUESTIONS

What is THE STAND?

THE STAND is a territory wide campaign by NO MORE calling on 90 groups to each create a Domestic Violence Action Plan in 90 days. It honours the lives of more than 90 women lost to domestic and family violence in the Northern Territory since 2000 and encourages real, community-led commitments to change.

Who can take part in THE STAND?

Anyone! Whether you're a sporting club, workplace, school, community group, business or government organisation - if you're a passionate and committed to ending domestic and family violence and create safer communities, you can take part.

Do you provide templates or examples?

Yes. We can provide templates to guide your planning if you'd like to use them. We also have a list of example actions your group can draw from. All of these resources are available on our website at nomore.org.au/the-stand under the **Resources** tab.

Can groups outside the NT join?

Yes! While NO MORE was founded in the Northern Territory and continues to focus its work here, we'd love to see people take THE STAND across Australia and even Internationally. The more community-led action we see, the closer we get to a future free from violence.

What happens after the 90 days?

The 90 days is just the beginning. After your group completes a DVAP, we'll stay connected with regular check ins: **1 month, 3 months, 9 months and 12 months**. These check-ins help support your progress, and keep the momentum going.

We have no resources, do you help?

Absolutely. NO MORE can help you come up with realistic, meaningful actions that build on your group's strengths. We can provide support to organise events, delivering education session and sharing practical resources. If you have any other questions regarding how we might be able to help, please reach out to us via nomore@catholiccarent.org.au

FREQUENTLY ASKED QUESTIONS

Can we update or change our DVAP?

Yes. DVAPs are living documents. As your group grows or new needs emerge, your plan can be revisited and strengthened. Part of the DVAP process is to review and renew your plan after 12 months to reflect on what's worked, what's changed and what more can be done.

Can you speak to our leadership?

Of course. We'd be more than happy to support your leadership team by delivering a tailored workshop or presentation. Whether it's a board, executive group or senior staff, we can adapt the content to suit your needs. This depends on staff availability in your area, but we will do our best to make it happen and help get leadership on board with meaningful action.

Are we expected to be experts?

No. You don't need to be an expert to take action. The goal of THE STAND is to support everyday people, organisations, and communities to take practical steps that make their spaces safer and more respectful.

We'll provide the background knowledge, tools, and support you need to understand the issue and shape a plan that works for your group. Whether you're just starting the conversation already doing the work, we'll meet you where you're at and work alongside you.

Can our DVAP respect our culture?

Absolutely! One of the core messages of THE STAND is that every Domestic Violence Action Plan should reflect the unique values, strengths, and cultural identity of the group making it. Whether your organisation is Aboriginal or Torres Strait Islander-led, multicultural faith-based, or from a remote, regional or urban setting, your DVAP should feel like it belongs to your community.

Your DVAP can be written, visual spoken or cultural. It can be created in your first language, shaped through storytelling, community dialogue, art or ceremony - whatever is meaningful to your group.



TAKE THE STAND TODAY

**90 LIVES.
90 DAYS.
90 PLANS.**



WWW.THESTAND.ORG.AU

