



LINK UP AND SAY



**TOGETHER WE ALL HAVE A ROLE IN REDUCING
DOMESTIC AND FAMILY VIOLENCE**



NO MORE works with the community to reduce domestic and family violence across the Northern Territory. We do this through raising awareness of the issues of gender based violence and making social change by changing community attitudes and norms and promoting positive, equal and respectful relationships.

THE NO MORE STORY

NO MORE was founded by Charlie King in 2006 after meeting with Indigenous men in communities all over the Northern Territory.

He talked with men about how they could champion changing men's attitudes about women and violence. Charlie noticed two statements that were repeated by all the Elders:



“NO MORE” and **“ALL MEN SHOULD LINK UP.”**

“NO MORE” is used as a strong call to bring an end to something: **“STOP IT NOW, NO MORE.”**

This is why **“NO MORE”** is our call to action.

“The challenge is for all Australians to stand up and say NO MORE to domestic and family violence. We need everyone to get involved. That's why we link arms. To show a united stance against domestic and family violence and that together we can make a difference.”

Charlie King, NO MORE Founder



THE IMPORTANCE OF PARTNERS

We cannot achieve our goals alone and that's why we "LINK UP" with all parts of community; men, women, boys, girls, individuals and organisations. Together we can make the biggest difference.

Our goal is to identify champions of change who we can support to mobilise their own circle of influence. The more people we can educate and bring awareness to, the closer we get to eliminating domestic and family violence.

WHO WE PARTNER WITH

- Sporting Organisations
- Aboriginal Communities
- Community Groups
- Government (including Police, Corrections and Regional Councils)
- Social Services Providers
- Schools
- Individuals
- Businesses
- Media

"We are the problem. We are the solution." - Ned Hargraves, Warlpiri Elder

WORKING TOGETHER

The best way to work together is for us to be guided by what will work for you. We encourage new ideas that will get the whole community behind activities that raise awareness, educate and lead to increased safety in our communities, urban and remote.

HOW WE CAN WORK WITH YOU

- Developing a Domestic Violence Action Plan with you
- Attending your sport and community events to share our message
- Working with men's and women's groups in remote communities
- Delivering education and information workshops
- Developing NT specific resources with you





WHAT IS A DVAP AND WHY SHOULD WE CREATE ONE?

Sport can be a key setting to empower, motivate and inspire change, on and off the field or court, using its influence to extend the principles of equality and fairness beyond the playing space.

The creation of a DOMESTIC VIOLENCE ACTION PLAN (DVAP) is a way for sporting organisations, businesses and other groups to demonstrate their commitment to reducing domestic and family violence.

A DVAP helps to formalise intentions and outline the goals and strategies for bringing about change.

WHERE WE WORK

We have NO MORE staff across the Northern Territory and a footprint in many remote communities.

We also partner with individuals and organisations nationally and internationally to spread the NO MORE message.

HOW YOU CAN GET INVOLVED

To find out how we can LINK UP with you, your organisation or your community to reduce domestic and family violence in the Territory call or email us. You can also see what we have been doing with others and what resources are available to you on our website and social media pages.

COUNSELLING AND SUPPORT

CatholicCare NT can provide support and advice for domestic and family violence including counselling, men's behaviour change, mental health issues, alcohol and substance abuse, parenting, finance and housing.

Call 1800 899 855 during business hours for free and confidential advice.

 1800 899 855

 NOMORE.ORG.AU



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